

WHAT TO DO WHEN YOUR YOUNG ADULT
IS IN PSYCHOLOGICAL DISTRESS



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Parent Pivot: What to Do When Your Young Adult Is in Psychological Distress

Lynne Carroll, Mikal Crawford, Paula Jean Gilroy

ISBN: 9781433843631	Form: Paperback / softback	Pub date: 2025-05-20
Edition: 1	Price: GBP 19.99	Pages: 340
Publisher: American Psychological Association	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Health & Personal Development	Subject: Advice on parenting,Child & developmental psychology,Family

This book provides information, guidance, and above all hope for parents struggling to support their young adult children in psychological distress. The period of emerging adulthood (ages 18 to 29) is a psychologically vulnerable time. Many emerging adults are anxious, depressed, or otherwise distressed and may turn to unhealthy coping strategies, including substance misuse, unhealthy eating, Internet misuse, and risky and impulsive behaviors such as sexual acting out and reckless driving. Where parents previously functioned in the caretaker role for their young children, they must now "pivot" to a new role: coach, wise counsel, or compeer. Parents may also need to pivot back to a caretaking role for a time if their young adults are dealing with more serious mental health issues. This book provides essential information and practical advice to help parents navigate these difficult challenges and deal with their own distress as they assist their struggling emerging adults. The authors describe various mental health symptoms and disorders common to this age group. They also discuss the difference between normal and more problematic behaviors, and options for professional help and treatment approaches. Not all young adults are willing to receive help, whether from family, friends, or professionals. But regardless of their situation, this book offers tips and strategies for how parents can maintain a loving, empathic relationship with their young adult, even in the most challenging circumstances. Written by psychologists with extensive experience helping emerging adults and their families, this book provides invaluable guidance for communicating effectively, setting boundaries, managing collateral damage within the family, practicing self-care, mourning losses, and developing and practicing compassion for yourself and your young adult. It reflects the complex emotional dynamics occurring both within and between young adults and their parents, and it provides hope for struggling families.

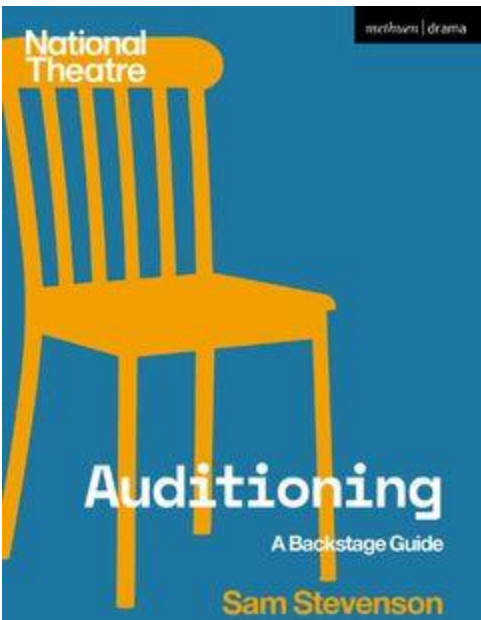


Acting: A Backstage Guide

Lucian Msamati

ISBN: 9781350379497	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 9.99	Pages: 112
Publisher: Bloomsbury Academic (JL)	Readership: Primary and secondary education	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Acting techniques, Educational: drama studies, Performance art

From one of the most celebrated actors of the stage and screen comes this book on the craft of acting. Lucian Msamati draws on his rich experience, particularly in the context of productions at the National Theatre - including: Amadeus, Ma Rainey's Black Bottom, Master Harold and The Boys, Death and The King's Horseman, The Comedy of Errors, The Overwhelming - to delve into sets of challenges and possibilities that actors might face. He offers up his tips on getting started in the industry; navigating the various professional relationships and roles inside a rehearsal room; and offers insights into running your own company and generating your own work. Peppered with quoted interviews with other industry professionals and personal anecdotes, which are sure to resonate with any reader, this will be a cherished book on any actor's bookshelf.



Auditioning: A Backstage Guide

Sam Stevenson

ISBN: 9781350384972	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 9.99	Pages: 144
Publisher: Bloomsbury Academic (JL)	Readership: General / adult	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Acting techniques, Educational: drama studies, Performance art

Auditions can often be the most feared aspect of being an actor and yet, as the author points out, casting directors are on the side of everyone who auditions for them. They want you to do well, feel confident about the audition and in turn give the director the confidence they need to choose you. The insights and reassurances throughout this book provide a little-seen glimpse into the world of casting, helping you to understand how casting directors and directors view the process and what purpose the audition serves. Casting director Sam Stevenson draws on her rich experience, from both her time as deputy head of casting at the National Theatre and her varied freelance career, to delve into the challenges and possibilities that you might face. She explores the intersecting, underlying principles of auditioning for stage and screen, whether you are meeting online, in-person or self-taping. This book helps bridge the gap between you and the people who are making the decisions, to help it feel like a less scary process.

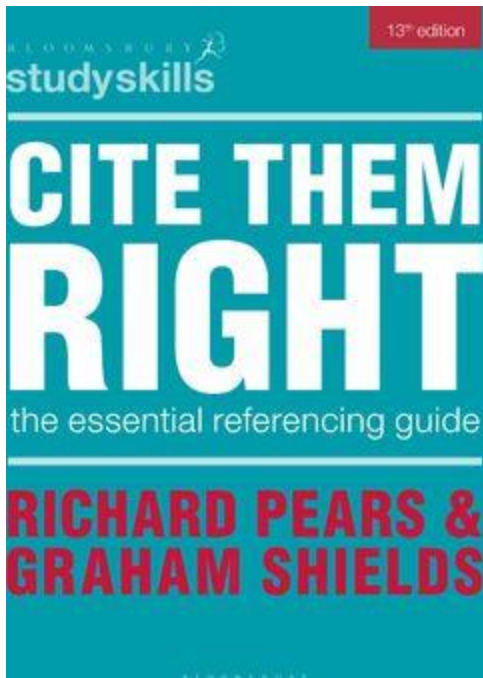


Antigender Fashion: The Possibilities of Gender-Fluid and Non-Binary Fashion Design

Judith Beyer

ISBN: 9781350466043	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 24.99	Pages: 256
Publisher: Bloomsbury Academic (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Fashion & society, Fashion design & theory, Gay & Lesbian stud

In this rich examination of gender fluidity in contemporary fashion design, Judith Beyer develops an emerging new theoretical framework for understanding how fashion can blur and challenge gender boundaries: antigender fashion. How is gender fluidity in contemporary fashion different from 20th century androgyny or millennial unisex styles? Like antifashion, which opposes and challenges fashion, Beyer argues that antigender fashion seeks to dismantle and confront binary gender signifiers. After tracing the history of gender-blurring fashion from Marlene Dietrich's androgynous tailoring to Alessandro Michele's floral Gucci suits, case studies of four high-profile fashion brands reveal the diverse approaches to gender-fluidity in contemporary fashion. Investigating each case study through multiple theoretical perspectives – from gender studies to gothic horror, cyborg theory to Afrofuturism – Beyer situates antigender fashion in a rich theoretical landscape and illuminates exciting new critical directions for students and researchers. Can antigender fashion influence the construction of contemporary masculinities and femininities – and can it be a catalyst for change? The ebook editions of this book are available open access under a CC BY-NC-ND 4.0 licence on bloomsburycollections.com. Open access was funded by the Bloomsbury Open Collections Library Collective.

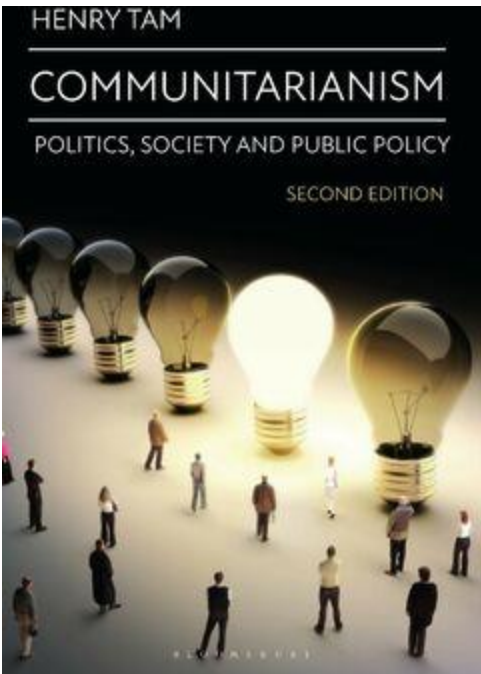


Cite Them Right: The Essential Referencing Guide

Graham Shields, Richard Pears

ISBN: 9781350477261	Form: Paperback / softback	Pub date: 2025-05-01
Edition: 13	Price: GBP 15.99	Pages: 304
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Social Science	Category: Education	Subject: Study & learning skills: general, STUDY AIDS / Study & Test-

Cite them right is renowned as the most easy-to-use guide to referencing text available to students and authors. Academics and teachers rely on the advice in Cite them right to guide their students in the skills of identifying and referencing information sources and avoiding plagiarism. It provides readers with detailed examples of print and electronic sources, business, government, technical and legal publications, works of art, images and much more. Packed with practical tips and example sources in both citations and reference lists, it makes referencing manageable and easy to follow for everyone. The fully revised and updated 13th edition contains:- Coverage of new sources, including registered designs and AI-generated material- Guidance on working with AI tools as part of the process of working on an assignment so that students understand the implications for maintaining academic integrity and avoiding plagiarism- A short test-yourself quiz which helps students to assess their understanding of key topics



Communitarianism: Politics, Society and Public Policy

Henry Tam

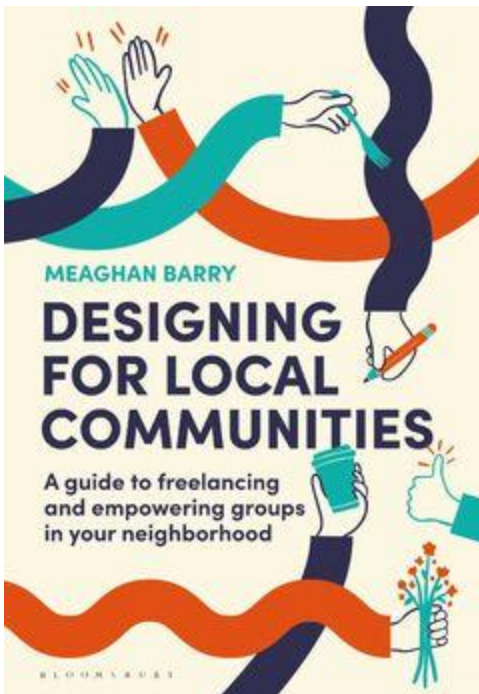
ISBN: 9781350422391	Form: Paperback / softback	Pub date: 2025-05-01
Edition: 2	Price: GBP 24.99	Pages: 320
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Social Science	Category: Political Science	Subject: Political ideologies, Political science & theory, Politics & g

This thoroughly revised and updated edition of Henry Tam’s Communitarianism brings different strands of communitarian thought together into a critical synthesis, at the centre of which is the ideal of inclusive communities based on the three principles of mutual responsibility, cooperative enquiry, and citizen participation. Tam shows how communitarian ideas can be applied in practice, addressing key problems in social, economic, and political life, with case studies from the state, business, and voluntary sectors to demonstrate how we can more effectively respond to the major problems facing society. With key pedagogical features including a timeline of the emergence of key communitarian ideas, diagrams illustrating conceptual differences relating to communitarian, authoritarian and individualist thinking, and a selection of global case studies and further readings, this is the authoritative guide to the theory and practice of Communitarianism.

Designing for Local Communities: A guide to freelancing and empowering groups in your neighborhood

Meaghan Barry

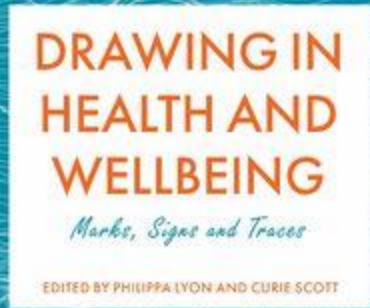
ISBN: 9781350400962	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 19.99	Pages: 176
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Graphic design, ART / Business Aspects,BUSINESS & ECONOMICS



Want to begin taking on freelance design projects, but you're unsure of how to start? Maybe you've looked at a few resources on building a design business, but their advice seems too big, overwhelming, or out-of-reach for what you're hoping to achieve right now? If you're looking for freelancing basics, truly for beginners, to give you the confidence to take on your first few independent projects, *Designing For Local Communities* is for you. *Designing For Local Communities* encourages the reader to find their first clients in their local community. By working with small businesses, the designer can build a freelancing portfolio, while simultaneously investing in their neighborhood. Lessons are tailored for working with these small-scale clients, with examples, interviews, and exercises that will build a strong foundation for an independent design practice. Dispelling the myth that you must live in a big city or work for huge brand clients to be considered successful in the design industry, Meaghan Barry celebrates the benefits of working directly with small businesses and non-profits, building value for designers and the businesses on their doorstep.

Drawing in Health and Wellbeing: Marks, Signs and Traces

Curie Scott, Philippa Lyon



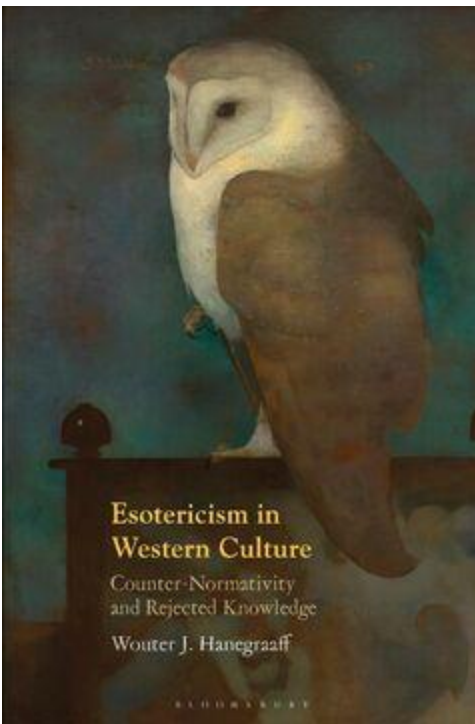
ISBN: 9781350359857	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 22.99	Pages: 248
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Creative therapy (eg art, music, drama), Drawing & drawings, H

Drawing has an established history within medicine for learning, recording, investigating and discovery. Bringing together diverse drawing approaches in the form of research and practical projects, this book demonstrates how drawing has extended beyond the realm of medicine with relevance and value for a wide spectrum of health and wellbeing settings. Drawing has significant benefits for health, yet it is only recently that drawing for health and wellbeing has become a focus for formal research investigation and development. Chapters critically examine how drawing helps us convey and understand complex illness experiences, supporting a deeper, more holistic form of communication between patient and professional. The authors also explore drawing as a popular mindful and meditative activity. Underlying all the chapters is the principle that manual drawing, such as sketching, diagrams, cartoons and many other forms of mark-making, has important qualities in enabling people to learn, investigate, explain, and express as well as alleviate suffering. With renewed global interest in improving our health, this timely volume brings together prominent research in the field and highlights an array of drawing approaches to promote wellbeing.

Esotericism in Western Culture: Counter-Normativity and Rejected Knowledge

Wouter J. Hanegraaff

ISBN: 9781350459694	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 2	Price: GBP 21.99	Pages: 344
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: Religion/Theology	Subject: Eclectic & esoteric religions & belief systems, Occult studie

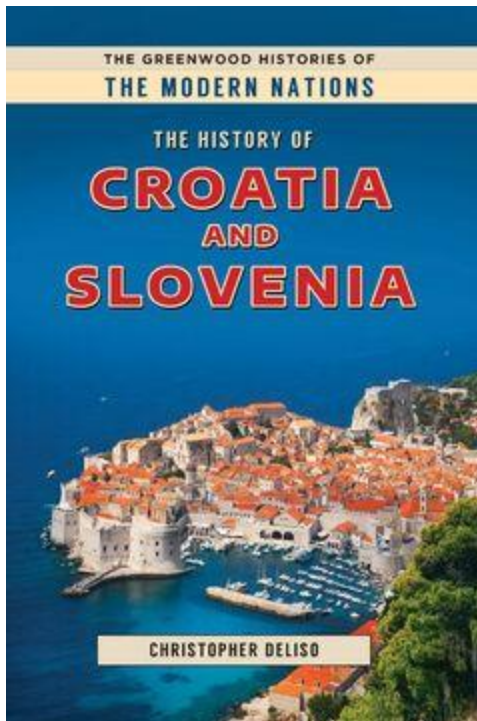


This accessible introduction by the world's leading expert explains why the study of esotericism is not a marginal pursuit but belongs at the center of modern research in the humanities. Reflecting updates in the field since the foundational publication *Western Esotericism: A Guide for the Perplexed* (2013), Wouter J. Hanegraaff demonstrates that the exclusion of "rejected knowledge" from normative accounts of Western civilization is the reflection of a narrow Eurocentric ideology that became the template for discrediting and ultimately destroying so-called "primitive" cultures associated with "superstition" and "pagan idolatry" during the global colonial age. Rejecting this "rejection of rejected knowledge" means restoring the suppressed to its legitimate place in history and cultural analysis. Through this approach, Wouter J. Hanegraaff depicts a radically inclusive vision of the Greater West and its forgotten histories, from pagan antiquity through Jewish, Christian, and Islamic cultures up to secular modernity and beyond.

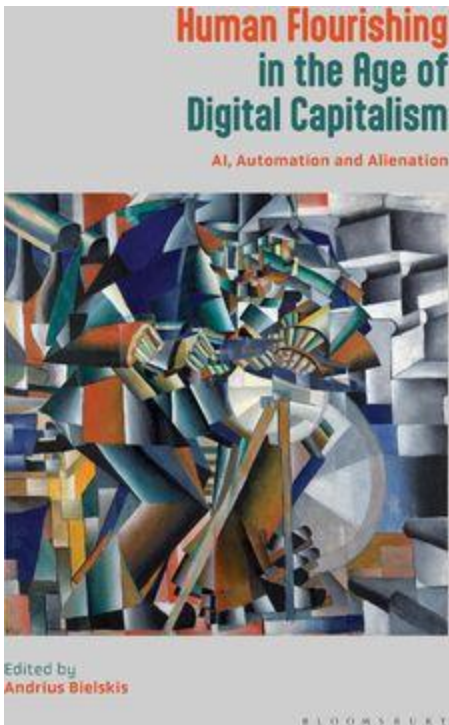
History of Croatia and Slovenia

Christopher Deliso

ISBN: 9798765150870	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 21.99	Pages: 288
Publisher: Bloomsbury Academic (JL)	Readership: Primary and secondary education	Language: Eng
Discipline: Humanities	Category: Political Science	Subject: European history, Politics & government, HISTORY / Europe / E



This title provides a comprehensive introduction to the intertwined histories of Croatia and Slovenia, two Balkan nations and former members of the Yugoslav Federation. The recent histories of Croatia and Slovenia have been relatively stable, as both countries have merged successfully into modern Europe. But how did these countries arrive at such a place? The History of Croatia and Slovenia provides factual overviews of these countries' political systems, geographical details, significant individuals, and more. The volume opens with the prehistoric and ancient roots of these states, though this history predates their modern ethnic and linguistic identities as we know them. Chapters cover the Roman period, followed by barbarian waves and the countries' subsequent absorption into the Venetian, Hungarian, and Holy Roman Empires. The modern period of national awakening in the nineteenth century, when the ethno-genesis of modern Croatia and Slovenia began, is covered in great detail. The volume additionally covers subsequent turbulent events such as WWI, WWII, the Holocaust, and Communist Yugoslavia and its civil wars of the 1990s, through the events of 2019. Written in approachable yet scholarly language, this volume is ideal for high school and university students, as well as any reader interested in Balkan or European history.



Human Flourishing in the Age of Digital Capitalism: AI, Automation and Alienation

Andrius Bielskis

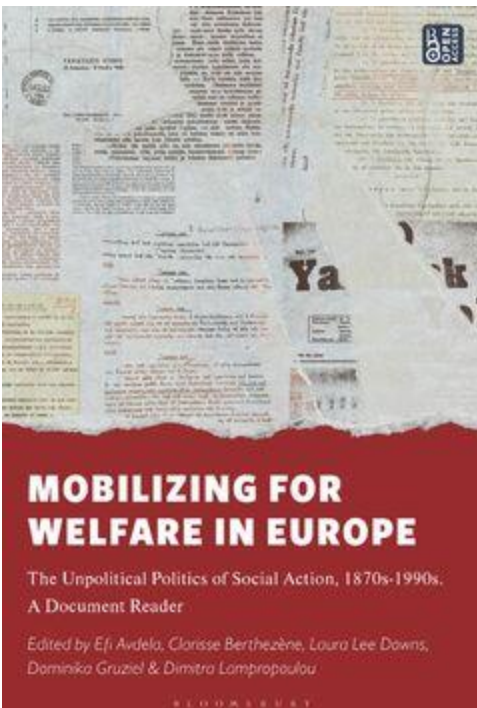
ISBN: 9781350510715	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 17.99	Pages: 232
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: Philosophy	Subject: Ethics & moral philosophy, Political science & theory, Social

With a distinctive theoretical framework combining Aristotle, Marx, and Alasdair MacIntyre, the essays in this volume ask how forms of artificial intelligence and technologies of automation in digital capitalism affect human flourishing, and what meaningful work looks like under these conditions. As technology advances, how do we decide what activities should be automated? Is the end of work through automation actually desirable? If a good life is the life of activity employing our rational, imaginative, and creative powers, what does it mean to say that future societies will be post-work societies? Rather than simply embracing the possibilities of automation to eliminate work, this collection considers that meaningful work is integral to the good life. Human Flourishing in the Age of Digital Capitalism contains eight essays from scholars in the UK, Europe and USA, reflecting on the philosophical and ethical dimensions of technology and political theory. Contributions cover topics such as algorithmic management, the feared 'superintelligence' of machines, the concept of good work, and the alienating consequences of technology for workers. This timely and novel intervention in the automation debate will be of interest to anyone considering new technologies from the perspective of normative ethics and the critique of political economy.

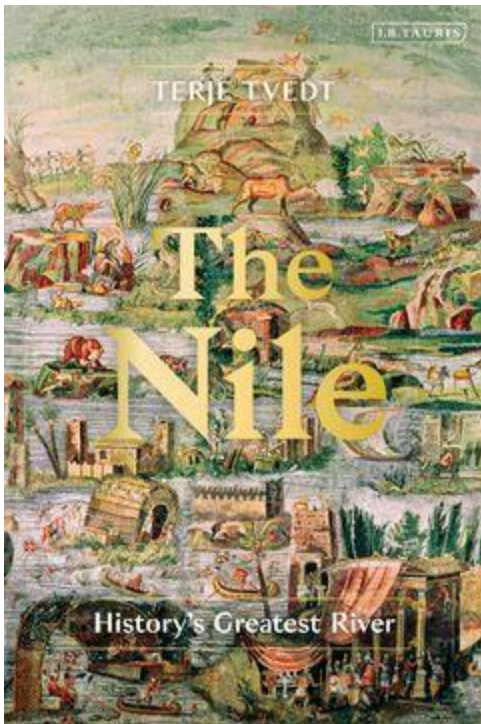
Mobilizing for Welfare in Europe: The Unpolitical Politics of Social Action, 1870s-1990s. A Document Reader

Clarisse Berthezène, Dimitra Lampropoulou, Dominika Gruziel, Efi Avdela, Laura Lee Downs

ISBN: 9781350457317	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 24.99	Pages: 336
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: History	Subject: European history, Politics & government, Social & cultural his



This is an engaging collection of 20 primary sources that provide insights into different approaches to social welfare from around Europe in the long 20th century, focusing particularly on marginalized groups. Each chapter sheds light on a case of collective welfare action, and includes translated archival documents, alongside commentary that contextualises each case, and examines its socio-political underpinnings. This volume explores sources from 12 European countries, capturing historical approaches to collective action, and encompassing a plethora of welfare issues – such as religious and secular philanthropy, youth protection, gender history, and campaigns for prison reform. The result is a detailed study of the social welfare state in Europe. With every source accompanied by an analysis of the ideas, ambitions, and practices of the actors themselves, in addition to an exploration of the larger regional context that influenced each pattern of collective mobilization, the editors highlight the distinction between the social and the political that underlies many forms of action undertaken in the field. Using the idea of ‘unpolitical politics’ as a new lens through which to explore the development of social welfare in a number of European contexts, this volume analyses who and what purports to be ‘neutral’, and why.

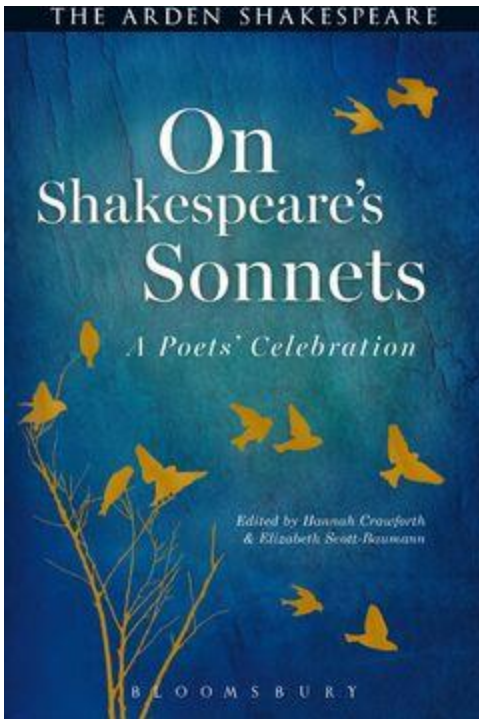


Nile: History's Greatest River

Terje Tvedt

ISBN: 9781350522237	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 19.99	Pages: 416
Publisher: Bloomsbury Academic (JL)	Readership: General / adult	Language: Eng
Discipline: Humanities	Category: History	Subject: Historical geography, History: earliest times to present day,

"[A] vivid travelogue." New Statesman "Has much to offer." The Spectator "Sparks the imagination." BBC History Magazine "A fascinating study." BBC History Revealed Magazine "Essential reading." All About History "Valiant, valuable and entertaining." Times Literary Supplement The greatest river in the world has a long and fascinating history. Professor Terje Tvedt, one of the world's leading experts on the history of waterways, travels upstream along the river's mouth to its sources. The result is a travelogue through 5000 years and 11 countries, from the Mediterranean to Central Africa. This is the fascinating story of the immense economic, political and mythical significance of the river. Brimming with accounts of central characters in the struggle for the Nile – from Caesar and Cleopatra, to Churchill and Mussolini, and on to the political leaders of today, The Nile is also the story of water as it nourished a civilization.



On Shakespeare's Sonnets: A Poets' Celebration

Elizabeth Scott-Baumann, Hannah Crawford

ISBN: 9781350531505	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 16.99	Pages: 120
Publisher: Bloomsbury Academic (JL)	Readership: General / adult	Language: Eng
Discipline: Humanities	Category: Literature/Literary Studies	Subject: Literary studies: poetry & poets, Poetry anthologies (various

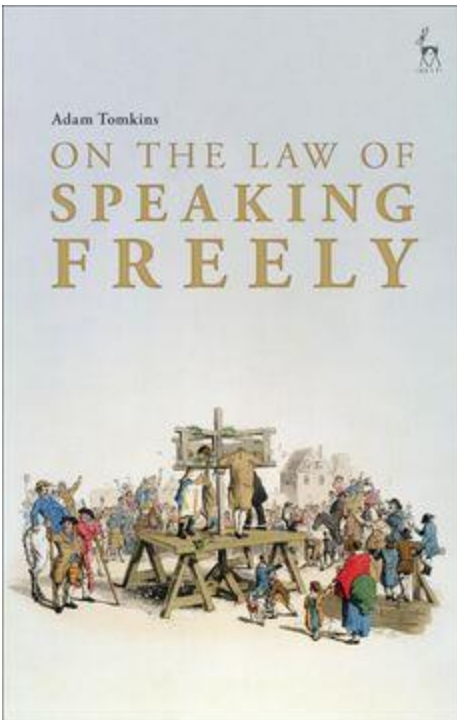
'These contributors are some of the best, and best-known poets writing today ... The result is a slimly elegant book of new poetry, some of it very fine indeed ... It really is extraordinary that these sonnets, first published in 1609, can still be engendering such a range of new ideas and ways of expressing them.' - The Independent

On Shakespeare's Sonnets: A Poets' Celebration brings together thirty of the world's foremost contemporary poets writing in response to Shakespeare's Sonnets. In the years since Shakespeare's death, the Sonnets have invited imitation, homage, critique, parody and pastiche. These poems probe our relationship to the Sonnets' intricate form and ambitious scope, their investigation of sexuality, wit, memory and poetic survival. These sonnets and longer lyrics explore what it means to write 'on Shakespeare's Sonnets' in the 21st century. This new paperback edition also includes an updated preface. Published in association with the Royal Society of Literature, contributing poets include: Andrew Motion, Carol Ann Duffy, Gillian Clarke, Paul Muldoon, Ruth Padel, Simon Armitage, Roger McGough, Wendy Cope, Jackie Kay, Mimi Khalvati, Imtiaz Dharker and Jo Shapcott, among many others.

On the Law of Speaking Freely

Adam Tomkins

ISBN: 9781509972104	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 24.99	Pages: 280
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Social Science	Category: Law & Criminology	Subject: Comparative law, Constitutional & administrative law, Entertai



This book tackles the most pressing problems of contemporary free speech law by examining where the idea of free expression came from in the first place, applying the lessons of the past to address the challenges of the present. Free speech cannot be taken for granted – it needs to be fought for. But its champions will be successful only if they understand what they are defending. For free speech is a deceptively simple principle. How should it guide us on the bounds of what is acceptable to say? Should we be free to preach hatred, or to spread fear or fake news? Can media freedom be balanced against the right to privacy? How does free speech work online? Can the internet be made a safe space without compromising freedom of expression? On the Law of Speaking Freely offers not just insights but answers to these and other such vital questions by roaming widely over the law of free speech, from English common law to the European Convention on Human Rights via the US First Amendment. In rescuing free speech from the culture wars in which it has become embroiled, Adam Tomkins restates its values, its complexities and its enduring importance, in prose that is as passionate as it is clear-sighted. Even-handed, informed and authoritative, this is a major, timely work from one of the UK's leading constitutional scholars.



Restaurant

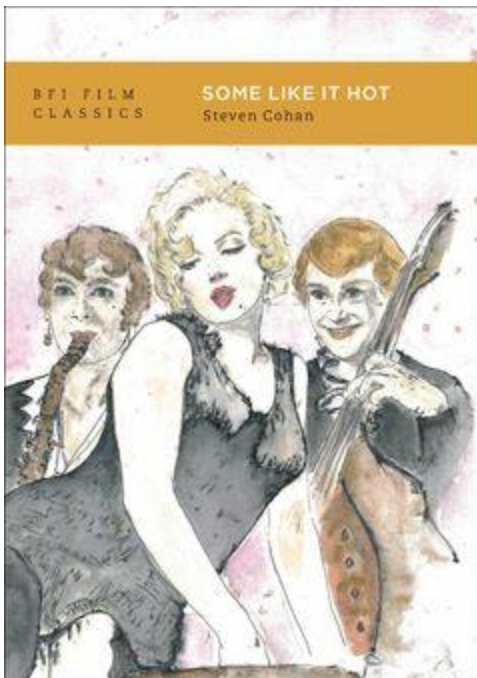
Brian Duff

ISBN: 9798765121825	Form: Paperback / softback	Pub date: 2025-05-29
Edition: 1	Price: GBP 9.99	Pages: 184
Publisher: Bloomsbury Academic (JL)	Readership: General / adult	Language: Eng
Discipline: Humanities	Category: Language/Linguistics	Subject: Food & society,Material culture,Philosophy: aesthetics,Semio

Object Lessons is a series of short, beautifully designed books about the hidden lives of ordinary things. In the last few decades, restaurants and food culture have achieved extraordinary cultural presence. Chefs are heroes and thought leaders, well-executed entrées go viral, dining out has become theater, plating has become art and ubiquitous Instagram content. But in recent years restaurants have faced crisis upon crisis. Restaurant takes a deep dive into the drives, desires, and anxieties we bring to dining out at this time of uncertainty. It explores the meaning we find in good food and warm hospitality. It shows why the restaurant offers unique opportunities to change the quality of our engagement with others and to create shared meaning across the table.

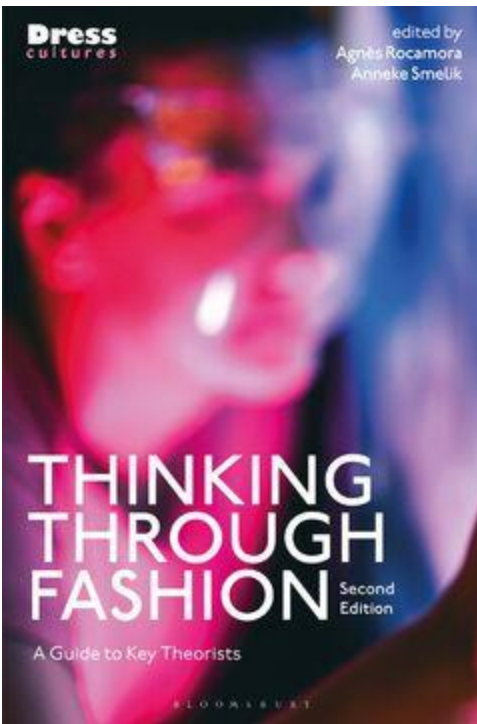
Some Like It Hot

Steven Cohan



ISBN: 9781839027314	Form: Paperback / softback	Pub date: 2025-05-01
Edition: 1	Price: GBP 12.99	Pages: 104
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Humanities	Category: Arts	Subject: Film guides & reviews, Film: styles & genres, Films, cinema, In

Billy Wilder's classic screwball comedy *Some Like it Hot* (1959), starring Jack Lemmon, Tony Curtis and Marilyn Monroe, tells the story of two struggling Jazz musicians who accidentally witness a mob massacre in Chicago who then, disguised as women, join a female band to escape the gangsters' pursuit. Despite the film's popular reception, with Academy Award nominations for Wilder and star Jack Lemmon, the film gained notoriety for its crossdressing plot and gender-bending comedy. Steven Cohan's study of the film disentangles its production history and subsequent notoriety from the film itself, reconsidering the ways in which it playfully challenged generic and gender conventions of the 1950s. He provides an in depth analysis of the film's near perfect comedic structure, Wilder's aesthetic choices and self-reflexive star performances by Curtis, Lemmon and Monroe. He goes on to consider the film's queerness, as well as its promotion and reception in 1959. Contextualizing the film within its contemporary moment, he argues its textual richness, one that allows it to be viewed differently across generations, securing its lasting influence in popular culture.



Thinking Through Fashion: A Guide to Key Theorists

Agnès Rocamora, Anneke Smelik

ISBN: 9781350376519	Form: Paperback / softback	Pub date: 2025-05-01
Edition: 2	Price: GBP 19.99	Pages: 336
Publisher: Bloomsbury Academic (JL)	Readership: Tertiary education	Language: Eng
Discipline: Social Science	Category: Cultural/Regional Studies	Subject: Fashion & society, Fashion design & theory, History of fashion

A vital update to the definitive guide to fashion and cultural theory, featuring four new chapters and essential revisions throughout in light of key developments in fashion and fashion studies. Across 19 major thinkers from the 19th to the 21st century, the second edition of this comprehensive collection introduces readers to the process of thinking through rich cultural fields such as fashion with the help of social and cultural theory, and thinking through social and cultural theory with the help of fashion. Each chapter guides you through the work of a major thinker and considers their historical context, the role of fashion within their theory, how their theoretical frameworks apply to contemporary fashion studies, and the strengths and limitations of their approach. Featuring new chapters on key theorists Edward Said, bell hooks, Frantz Fanon and W.E.B. Du Bois, this new edition prepares readers to question and diversify the field of fashion. A revised introduction resituates theories in relation to each other and reflects on changing approaches to fashion studies, while revisions to existing chapters equip readers with the most up-to-date critical perspectives and developments in fashion and fashion theory.

A Companion to Political Institutions in Poland, 1944–1989

Daniel Przystek, Marek Jabłonowski, Wojciech Jakubowski

ISBN: 9783506796738	Form: Hardback	Pub date: 2025-05-12
Edition: 1	Price: EUR 99.00	Pages: 381
Publisher: Brill (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Humanities	Category: History	Subject: Social & cultural history
Link: https://www.brill.com/abstract/title/70622		

A COMPANION TO POLITICAL INSTITUTIONS IN POLAND, 1944–1989



MAREK JABŁONOWSKI
WOJCIECH JAKUBOWSKI
DANIEL PRZASTEK

BRILL | SCHÖNINGH

This book presents to researchers and advanced students the essential knowledge about Polish political institutions when the country was a socialist “people’s democracy” between 1944 and 1989. The focus is on organized and individual political actors, state bodies, parties, and socio-political movements. There are also chapters on the formalized legal framework that defined the forms of possible political activity and the specific political goals connected to them. The book brings together valuable material that has so far remained outside the mainstream of research and will contribute, especially among the researchers of English-speaking countries, to a better understanding of the latest history of Poland.

HUMAN-PLANT ENTANGLEMENT

Thinking with Plants
in the Anthropocene

Edited by
Ratul Nandi, Jagannath Basu, and Jayjit Sarkar



BRILL

Human-Plant Entanglement: Thinking with Plants in the Anthropocene

ISBN: 9789004720633	Form: Hardback	Pub date: 2025-05-22
Edition: 1	Price: EUR 199.00	Pages: 332
Publisher: Brill (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Life Science	Category: Earth Science	Subject: Biodiversity, Environmentalist thought & ideology, Ethics & mo
Link: https://brill.com/view/title/65024		

Human-Plant Entanglement: Thinking with Plants in the Anthropocene is an edited collection that redefines the boundaries of phytocentric scholarship. By foregrounding the question of the Anthropocene at the centre of plant studies, this book illustrates how attentiveness to plant life can allow our habitual anthropocentric/instrumental assumptions to be invaded by a unique 'phytocentric' impression that presents a new ethical imaginary for a human-plant relationship. With twelve carefully argued essays, this book sets a new benchmark in the field of Critical Plant Studies.

Edited by Evelina Kristanova, Rafał Habielski,
and Małgorzata Such-Pyrgiel

Politics and the Media in Poland from the 19th to the 21st Centuries

Selected Issues



Series Editor: Mehdi P. Aminah

BRILL

Politics and the Media in Poland from the 19th to the 21st Centuries: Selected Issues

Evelina Kristanova, Małgorzata Such-Pyrgiel, Rafał Habielski

ISBN: 9789004738386	Form: Paperback / softback	Pub date: 2025-05-01
Edition: 1	Price: EUR 47.00	Pages: 344
Publisher: Brill (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Sociology	Subject: Media studies,Media, information & communication industries,
Link: https://brill.com/view/title/69102		

The book presents the latest research and reflects on the relationships between the media and politics, using the case study method. It delves into the interests of Polish researchers from various centres. The individual chapters focus on different types of both old and new media, including the press, books, radio and the Internet. The authors are historians, media experts and political scientists, sociologists, cultural experts, linguists and representatives of other disciplines. As a result, the research methods, hypotheses and research results present a range of perspectives.

Regulating Migrant Integration in Europe: The Case of Skills

Dáire McCormack-George

ISBN: 9789004719774	Form: Hardback	Pub date: 2025-05-29
Edition: 1	Price: EUR 100.00	Pages: 257
Publisher: Brill (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Law & Criminology	Subject: International human rights law, LAW / International, POLITICA
Link: https://brill.com/view/title/71553		

Migrants coming to and moving within Europe typically experience inadequate recognition of their professional qualifications and wrongful discrimination. This book describes and critically assesses international, European and EU laws and policies governing migrant integration in Europe, with a particular focus on those concerning the recognition of migrants' skills. It argues that at least certain parts of EU law require clarification, restatement and even reform. The book formulates practical proposals to improve the governance of migrant integration in Europe, making it more coherent, effective and fair.

THE ANTIDOTE



HOW PEOPLE-POWERED
MOVEMENTS CAN RENEW
POLITICS, POLICY
AND PRACTICE

PETER BERESFORD

FOREWORD BY RUTH LISTER



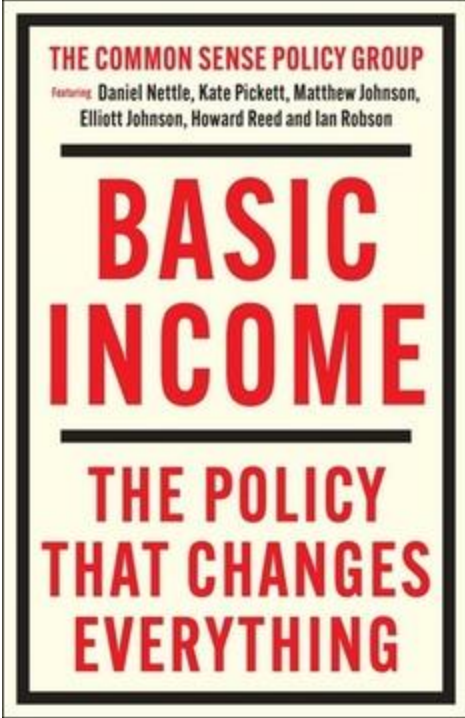
Antidote: How People-Powered Movements Can Renew Politics, Policy and Practice

Peter Beresford

ISBN: 9781447375449	Form: Paperback / softback	Pub date: 2025-05-28
Edition: 1	Price: GBP 19.99	Pages: 256
Publisher: Bristol University Press (JL)	Readership: General / adult	Language: Eng
Discipline: Social Science	Category: Political Science	Subject: POLITICAL SCIENCE / General, POLITICAL SCIENCE / Political Pr
Link: https://bristoluniversitypress.co.uk/the-antidote		

The gap between personal and formal politics has been widening globally and locally. As personal politics have become more inclusive and egalitarian inspired by new social movements, neoliberal ideologies have undermined democracy, increasing isolation, inequality, poverty, disease and environmental threat. Yet this paradox may also offer a path to transformation.

Using international evidence and examples, The Antidote explores what we can learn from the equalisation of personal roles and relationships that's been taking place, to help us reconnect with ourselves and each other and make possible more participatory and liberatory policy and politics. It sets out the barriers we face and offers a route map to bring an end to the destructive effects of unfettered neoliberal ideology, economics, policy and politics.



Basic Income: The Policy That Changes Everything

Daniel Nettle, Elliott Johnson, Howard Reed, Ian Robson, Kate Pickett, Matthew Johnson

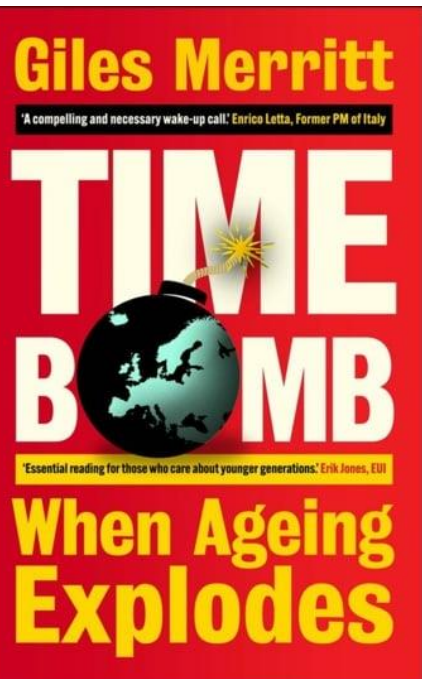
ISBN: 9781447374008	Form: Paperback / softback	Pub date: 2025-05-27
Edition: 1	Price: GBP 9.99	Pages: 148
Publisher: Bristol University Press (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Cultural/Regional Studies	Subject: Economic growth,Housing & homelessness,Political activism,Po
Link: https://bristoluniversitypress.co.uk/basic-income		

Basic income can no longer be dismissed as a utopian idea — it's being tested worldwide. But can it truly transform economies and societies? This book dives into real-world examples, revealing how basic income reshapes lives. It explores the ripple effects of financial security—better health, stronger communities, more education, meaningful work, and engaged citizenship. By breaking the cycle of poverty, basic income unlocks access to essentials like food and housing, empowers people, and fuels long-term thinking and entrepreneurship. Tying together theory with groundbreaking evidence from real-world trials, this book shows why basic income isn't just possible—it's the vital solution to our age of crisis, paving the way for a fairer society.

Timebomb: When Ageing Explodes

Giles Merritt

ISBN: 9781447375944	Form: Paperback / softback	Pub date: 2025-05-27
Edition: 1	Price: GBP 12.99	Pages: 296
Publisher: Bristol University Press (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Sociology	Subject: SOCIAL SCIENCE / Demography, SOCIAL SCIENCE / Emigration & Im
Link: https://bristoluniversitypress.co.uk/timebomb		



Ageing is a timebomb. We celebrate our greater longevity, yet few of us consider its consequences. This book is an important warning that unless Europeans defuse its explosive force, within two decades our societies will be devastated by it.

The hard fact is that because our political economies have been built around shorter lifespans, they risk being blown apart by ageing. The pressures exerted by the over-60s, who are increasing from today's quarter of the population to a third, will upend our politics and impoverish our young.

Millennials and Gen-Zers are already saddled with their elders' runaway pension and healthcare costs, but are themselves poorer and less privileged. Merritt, a veteran analyst of the European scene, traces the demographic projections that politicians of all persuasions have long ignored, and shines a harsh light on policy shortcomings that must be urgently addressed.

For anyone wants a stake in our future, this book is essential reading which clarifies the political choices to be made if comparatively prosperous Europe isn't to die of old age.



Dense+Green Urban Development: Emerging Models of Integrated Architecture

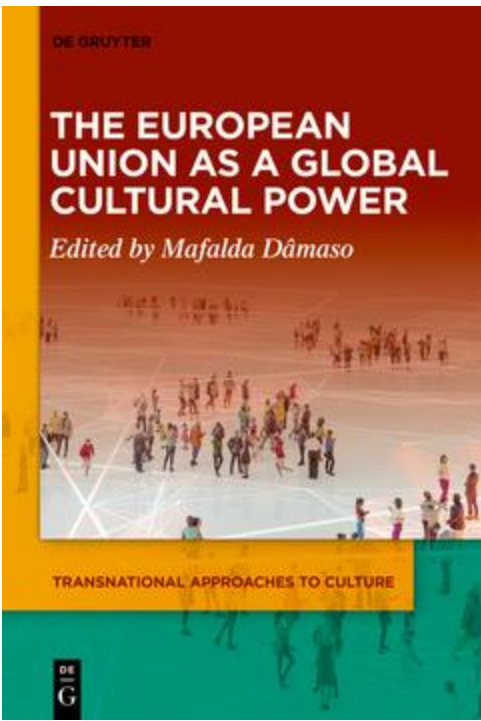
Thomas Schröpfer

ISBN: 9783035624557	Form: Hardback	Pub date: 2025-05-06
Edition: 1	Price: EUR 72.00	Pages: 320
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Architectural structure & design, Building construction & mat
Link: https://www.degruyterbrill.com/isbn/9783035624557		

Building on previous Dense+Green publications, this book explores sustainable integrated districts as models for high-density, high-liveability cities. It highlights how green elements are strategically deployed and integrated into broader systemic solutions at an urban scale. Beyond identifying key factors for successful spatial implementation, the book examines the planning instruments and governance arrangements enabling such developments across diverse socio-spatial contexts. A collaboration between the Singapore-ETH Centre, SUTD, and ETH Zurich, the publication provides in-depth analyses of international case studies, including one-north in Singapore, King's Cross in London, and Quayside in Toronto. It also explores urban green development within Zurich's existing fabric. In-depth analysis of international case studies Integrating urban and architectural design, planning tools, and socio-spatial contexts With a foreword by Kees Christiaanse

European Union as a Global Cultural Power

Mafalda Dâmaso



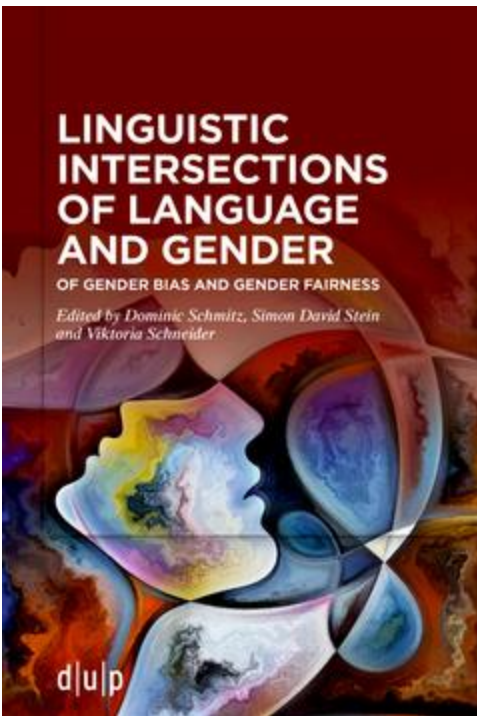
ISBN: 9783111026305	Form: Hardback	Pub date: 2025-05-19
Edition: 1	Price: EUR 109.95	Pages: 261
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Cultural studies,History,International relations,Literary st
Link: https://www.degruyterbrill.com/isbn/9783111026305		

Although culture is increasingly recognised as a relevant focus of scholarly analysis, the European Union (EU) has not yet been examined as a global cultural power.Addressing this gap, this book offers a comprehensive overview of the multiple arenas through which the EU has emerged as a major cultural actor beyond its borders. Focusing on Culture in Foreign Policy and Development, as well as Media and Trade, the book gathers an international team of experts to provide a comprehensive analysis of the EU’s multifaceted cultural action across various policy fields and regions. The book draws together discussions in cultural studies, cultural policy, international relations, media studies, and law to ask the following questions: What characterises EU cultural and media policies and programmes beyond its borders? What are the assumptions and the goals that underlie such policies and programmes? Suggesting that the EU is beginning to emerge as an enabling power that supports cultural diversity around the world, the volume also reflects on the global role of the EU and contribute to debates regarding the liberal international order by taking a new angle.

Linguistic intersections of language and gender: Of gender bias and gender fairness

Dominic Schmitz, Simon David Stein, Viktoria Schneider

ISBN: 9783111387277	Form: Paperback / softback	Pub date: 2025-05-19
Edition: 1	Price: EUR 39.95	Pages: 249
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Gender studies, gender groups, linguistics, Sociolinguistics,
Link: https://www.degruyterbrill.com/isbn/9783111387277		



Linguists have been interested in the relation of language and gender for a long time, yet only recently has the field diversified extensively in both its research questions and its methods. However, few attempts have been made to bring together these diverse perspectives in a systematic exchange of ideas and approaches. This volume offers a collection of the latest empirical research on language and gender from a variety of linguistic perspectives. Among other questions, the studies in this volume investigate the processing of gendered forms in spoken and written language, examine their morphosyntactic properties, model their semantics and pragmatics, and engage with the discursive and orthographic patterns of gendered language. They apply a wide range of corpus linguistic, experimental, and computational methods to a diverse set of languages, including Portuguese, Italian, Georgian, German, and English. This volume is a valuable resource for all scholars interested in the current state of research on language and gender and a much-needed kick-off for interdisciplinary collaboration in this field that takes into account the bigger picture.



Potential of Form: How to Transform Existing Buildings in Post-functional Europe

Elena Guidetti

ISBN: 9783986121709	Form: Paperback / softback	Pub date: 2025-05-06
Edition: 1	Price: EUR 32.00	Pages: 184
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Architectural structure & design,Architecture: professional
Link: https://www.degruyterbrill.com/isbn/9783986121709		

How can we explore adaptations of old buildings from a fresh, post-functional perspective? Exploring the concept of transformative potential, this book shows how the repurposing of existing buildings uncovers untapped possibilities that go beyond traditional categories. Analyzing several European examples in depth, it asks how architectural designs change over time and what this means for sustainability and preserving heritage. Drawings illustrate how architectural forms interact with their functions and environmental effects, providing a dynamic exploration of adaptive reuse. The Potential of Form suggests that adapting buildings involves balancing their design interventions, their consistency across time, and the latent energy embedded in their architectural form. With an afterword by Matteo Robiglio, Full Professor in Architectural and Urban Design at the Department of Architecture and Design of Politecnico di Torino Explores new methods for repurposing old buildings, using an innovative framework Presents detailed case studies of adaptive reuse in European architecture (i.e. Bourse de Commerce, Elbphilharmonie, Duperré Playground, Vitali Sheds, PC Caritas, Alvéoles) Richly illustrated with drawings by the author

PRACTICAL UX

*A Hands-On Guide to
Getting Industry-Recognized Experience*

Practical UX: A Hands-on Guide to Getting Industry-Recognized Experience

Maigen Thomas

ISBN: 9781501523472	Form: Paperback / softback	Pub date: 2025-05-14
Edition: 1	Price: EUR 44.95	Pages:
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Engineering: general, Graphic design, Small businesses & self-
Link: https://www.degruyter.com/isbn/9781501523472		

Landing your first UX design job is tougher than ever. Practical UX: A Hands-on Guide to Getting Industry-Recognized Experience provides the missing piece: a proven methodology for gaining real-world experience while you build your portfolio and earn income. This book provides a complete roadmap for conducting accessibility-focused website evaluations for small businesses, giving you the edge you need in today's competitive job market. Learn how to identify clients, price your services, conduct professional evaluations, and create compelling case studies that showcase your skills. Includes practical resources like templates, spreadsheets, and documentation samples to get you started immediately.

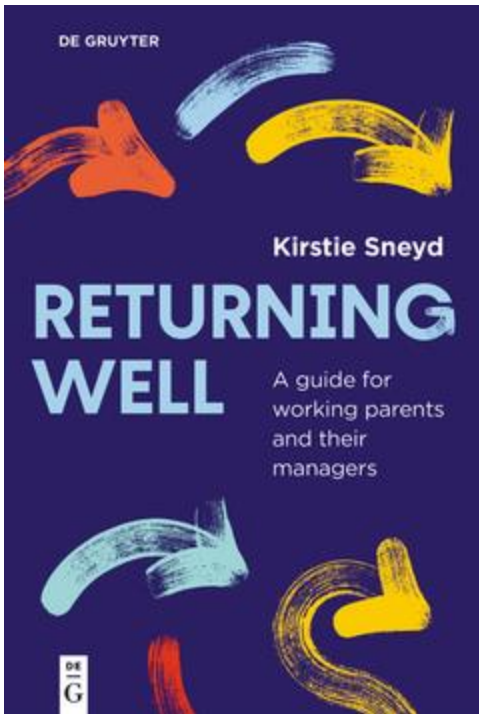
Sherman W. Garnett

**THE RELUCTANT
POLITICAL THINKER**CZESŁAW MIŁOSZ ON CRISIS, THE POETIC LIFE,
AND THE COLD WAR POLITICAL IMAGINARY**Reluctant Political Thinker: Czesław Miłosz on Crisis, the Poetic Life, and the Cold War Political Imaginary**

Sherman W. Garnett

ISBN: 9783111573526	Form: Hardback	Pub date: 2025-05-19
Edition: 1	Price: EUR 99.95	Pages: 209
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Literary studies: fiction, novelists & prose writers, Literat
Link: https://www.degruyter.com/isbn/9783111573526		

Czesław Miłosz was a poet and public writer for almost eight decades, and still remains a tremendous figure in world literature four decades after he won the Nobel Prize and two decades after his death. Miłosz saw himself as an artist flying above the political fray, but he left the building blocks for an analysis of his political and social thought in plain sight. In this book, Sherman Garnett explores this crucial, neglected aspect of Miłosz's thinking by closely studying a wide range of his Polish and English writings, arguing that he held a unique, nuanced political philosophy. Miłosz's observations on totalitarianism and democracy, dissent, emigration, the United States and Soviet Union, and the "great crisis of civilization" fit coherently into his overall artistic project, and offer valuable insights for contemporary global social, humanitarian, and ecological challenges. This original book contributes to ongoing scholarly debates and offers the first full account of Miłosz as a political thinker.



Returning well: A guide for working parents and their managers

Kirstie Sneyd

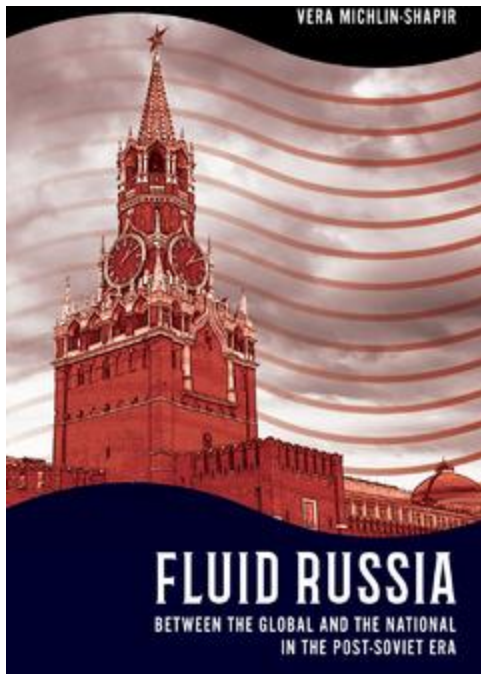
ISBN: 9783111618272	Form: Paperback / softback	Pub date: 2025-05-06
Edition: 1	Price: EUR 15.95	Pages: 139
Publisher: De Gruyter (JL)	Readership: Professional and scholarly	Language: Eng
Discipline:	Category:	Subject: Advice on careers & achieving success,Business studies: gene
Link: https://www.degruyterbrill.com/isbn/9783111618272		

There are recognised challenges on returning to work after parental leave, ranging from managing guilt and feeling overwhelmed to dealing with missed career opportunities. There are also changes in the way parents return, with increased working from home and more fathers taking parental leave leading to additional demands such as getting up to speed with changes and dealing with stereotypes from others. Despite changes in legislation and an increase in workplace policies, progress in supporting parental returners is still limited. Managers often lack the experience, time or skills to effectively manage those returning from parental leave, whilst parental returners may not recognise how they can best support themselves. This practical, evidence-based guide sees the return to work as a shared responsibility: aimed at professionals who are returning after taking parental leave and managers who are supporting these parental returners. Grounded in psychological research, this book provides examples and practical tools and techniques for new parents to equip themselves for both going on parental leave and returning to the workplace. For managers there is clear guidance and checklists to effectively support these returning parents.

Fluid Russia: Between the Global and the National in the Post-Soviet Era

Vera Michlin-Shapir

ISBN: 9781501781469	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 27.99	Pages: 264
Publisher: Cornell University Press (JL)	Readership: General / adult	Language: Eng
Discipline: Humanities	Category: History	Subject: European history, Globalization, Nationalism, HISTORY / Russia
Link: https://www.combinedacademic.co.uk/9781501781469/fluid-russia/		



Fluid Russia offers a new framework for understanding Russian national identity by focusing on the impact of globalization on its formation, something which has been largely overlooked. This approach sheds new light on the Russian case, revealing a dynamic Russian identity that is developing along the lines of other countries exposed to globalization. Vera Michlin-Shapir shows how along with the freedoms afforded when Russia joined the globalizing world in the 1990s came globalization's disruptions.

Michlin-Shapir describes Putin's rise to power and his project to reaffirm a stronger identity not as a uniquely Russian diversion from liberal democracy, but as part of a broader phenomenon of challenges to globalization. She underlines the limits of Putin's regime to shape Russian politics and society, which is still very much impacted by global trends. As well, Michlin-Shapir questions a prevalent approach in Russia studies that views Russia's experience with national identity as abnormal or defective, either being too weak or too aggressive.

What is offered is a novel explanation for the so-called Russian identity crisis. As the liberal postwar order faces growing challenges, Russia's experience can be an instructive example of how these processes unfold. This study ties Russia's authoritarian politics and nationalist rallying to the shortcomings of globalization and neoliberal economics, potentially making Russia "patient zero" of the anti-globalist populist wave and rise of neo-authoritarian regimes. In this way, Fluid Russia contributes to the broader understanding of national identity in the current age and the complexities of identity formation in the global world.

SUFFERING VICTORY

Soviet Liberals and the Failure of
Democracy in Russia, 1987–1993

GUILLAUME SAUVÉ

Suffering Victory: Soviet Liberals and the Failure of Democracy in Russia, 1987–1993

Guillaume Sauvé

ISBN: 9781501781049	Form: Paperback / softback	Pub date: 2025-05-15
Edition: 1	Price: GBP 24.99	Pages: 258
Publisher: Cornell University Press (JL)	Readership: General / adult	Language: Eng
Discipline: Social Science	Category: Political Science	Subject: Political structures: democracy, Politics & government, POLIT
Link: https://www.combinedacademic.co.uk/9781501781049/suffering-victory/		



Suffering Victory recounts the commitment of Soviet liberal intellectuals to democratic transition during the effervescent period of perestroika and in the first years of post-Soviet Russia to the rise of Boris Yeltsin and the dissolution of the USSR. Guillaume Sauvé argues that late Soviet liberalism was mainly nourished by the legacy of humanistic socialism, combining Enlightenment ideals and Romantic aspirations, and concludes that the distinguishing feature is its assumed moralism.

After encouraging the concentration of power in the hands of the Russian president and an enlightened elite, liberal intellectuals undermined their own democratic project and were pushed aside from decision-making, while being rejected by most of the population for having supported a course of reforms that did not fulfill its promises. As Suffering Victory shows, the success of Russia's liberal intellectuals against the Communist Party came at the price of a decline deeper and more lasting than in most post-communist countries. Following the full-scale invasion of Ukraine in February 2022, the fate of late Soviet liberals sheds crucial light on the prospects of liberal reforms in Russia today.

Home and the World in Slovak Writing: A Small Nation's Literature in Context

Charles Sabatos, Ivana Taranenková, Katarina Gephardt

ISBN: 9780228024057	Form: Paperback / softback	Pub date: 2025-05-05
Edition: 1	Price: GBP 35.00	Pages: 396
Publisher: McGill-Queen's University Press	Readership: Professional and scholarly	Language: Eng
Discipline: Humanities	Category: Literature/Literary Studies	Subject: Literature: history & criticism, LITERARY CRITICISM / Europe
Link: https://www.combinedacademic.co.uk/9780228024057/home-and-the-world-in-slov		

Home
and the
World
in
Slovak
Writing *A Small Nation's Literature in Context*

Edited by
Katarina Gephardt,
Charles Sabatos,
and Ivana Taranenková



Literatures of small nations represent a minuscule portion of the global literary marketplace, where books written in English outnumber translated works. The struggle for visibility in relation to dominant languages and cultures is not new in Slovakia, a nation of five million whose literary history has been shaped by the influence of more widely spoken languages including Hungarian, Czech, and Russian.

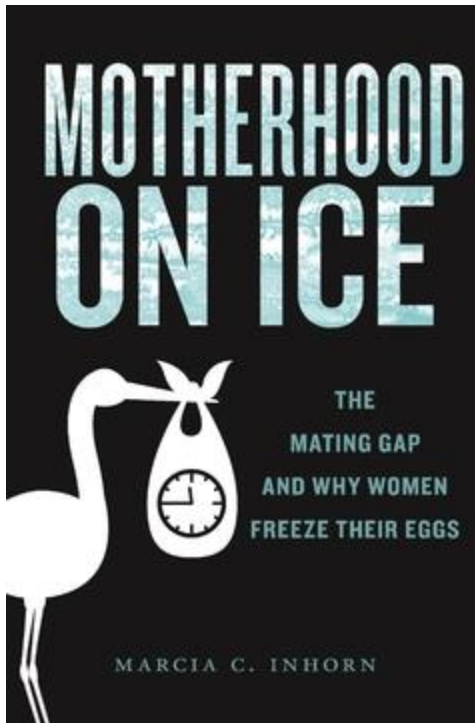
Home and the World in Slovak Writing brings Slovak literature out of this isolation to tell the story of how a nation's literature can survive and thrive despite a small domestic audience and relatively limited circulation in English translation. The book demonstrates how historic events such as the post-Stalin Thaw, the Prague Spring, and the Velvet Revolution moulded the Slovak canon and situates contemporary Slovak literature in broader regional and global contexts. Through case studies of the transformations and adaptations of Slovak literature, contributors examine the changing social roles of writers, the tensions between tradition and innovation, and the dynamic interactions between influences from the outside world and domestic sources of inspiration.

Home and the World in Slovak Writing maps the relationship between geopolitical destiny and literary production at a critical moment. As relations between the East and the West are destabilized by war, the question of cultural identity has again become a matter of national survival in Central Europe.

Motherhood on Ice: The Mating Gap and Why Women Freeze Their Eggs

Marcia C. Inhorn

ISBN: 9781479840199	Form: Paperback / softback	Pub date: 2025-05-06
Edition: 1	Price: GBP 15.99	Pages: 352
Publisher: New York University Press (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Health & Personal Development	Subject: Advice on parenting,Family & relationships,Gender studies, g
Link: https://www.combinedacademic.co.uk/9781479840199/motherhood-on-ice/		



Answers the question: Why are women freezing their eggs?

Why are women freezing their eggs in record numbers? *Motherhood on Ice* explores this question by drawing on the stories of more than 150 women who pursued fertility preservation technology. Moving between narratives of pain and empowerment, these nuanced personal stories reveal the complexity of women's lives as they struggle to preserve and extend their fertility.

Contrary to popular belief, egg freezing is rarely about women postponing fertility for the sake of their careers. Rather, the most-educated women are increasingly forced to delay childbearing because they face a mating gap—a lack of eligible, educated, equal partners ready for marriage and parenthood. For these women, egg freezing is a reproductive backstop, a technological attempt to bridge the gap while waiting for the right partner. But it is not an easy choice for most. Their stories reveal the extent to which it is logistically complicated, physically taxing, financially demanding, emotionally draining, and uncertain in its effects.

In this powerful book, women share their reflections on their clinical encounters, as well as the immense hopes and investments they place in this high-tech fertility preservation strategy. Race, religion, and the role of men in the lives of single women pursuing this technology are also explored. A distinctly human portrait of an understudied and rapidly growing population, *Motherhood on Ice* examines what is at stake for women who take comfort in their frozen eggs while embarking on their quests for partnership, pregnancy, and parenting.



SJUR BERGAN

European Higher Education, Social Responsibility, and the Local Democratic Mission

Sjur Bergan

ISBN: 9781439924617	Form: Paperback / softback	Pub date: 2025-05-05
Edition: 1	Price: GBP 25.99	Pages: 293
Publisher: Temple University Press (JL)	Readership: Professional and scholarly	Language: Eng
Discipline: Social Science	Category: Education	Subject: Civil rights & citizenship, Educational strategies & policy, P
Link: https://www.combinedacademic.co.uk/9781439924617/european-higher-education-		

Education is about more than preparing students for the labor market; it is about preparing them to be active citizens in democratic societies, to engage in personal growth, and to develop a broad, advanced knowledge base. As Sjur Bergan emphasizes in *European Higher Education, Social Responsibility, and the Local Democratic Mission*, advocacy is required to ensure that higher education institutions meet these goals through cooperation with their local communities. Bergan outlines the political and institutional complexity of European universities. He explains how history, cultural traditions, and national identities impact education across Europe. He also describes the roles of the Council of Europe and U.S. higher education in the development of a transatlantic cooperation on the democratic mission of higher education. Other chapters explore education programs for developing and maintaining democracy and human rights, pragmatic and creative ways that European universities are working with their local communities, and the development of education opportunities for refugees. Ultimately, Bergan's book explores not only the local democratic mission of higher education as it has developed in Europe, but also how it could continue to develop, and why it is important it does so. In the series *Higher Education, Place, and Social Responsibility*.

User's Guide to the Age of Tech

Grant Wythoff

ISBN: 9781517918774	Form: Paperback / softback	Pub date: 2025-05-27
Edition: 1	Price: GBP 21.99	Pages: 176
Publisher: University of Minnesota Press (JL)	Readership: General / adult	Language: Eng
Discipline: Hard Science	Category: Mathematics	Subject: Ethical & social aspects of IT, Impact of science & technolog
Link: https://www.combinedacademic.co.uk/9781517918774/a-users-guide-to-the-age-o		

How users experience and influence technological change—when so much of that change feels out of our control Every day, we casually employ one of the most complex tools ever created, using it to read the news, plan our day, and connect with friends. In *A User's Guide to the Age of Tech*, Grant Wythoff investigates the process by which now-ubiquitous technologies like our phones become integrated into our lives, showing how the “gadget” stage—before devices are widely adopted—opens the door for users to co-create these technologies and adapt them toward unexpected ends. In this elegant, approachable work, Wythoff offers a view of how users make new technology their own, subverting dominant power structures and imagining uses never intended by their creators. Rooted in a detailed look into the history of technique (focusing on how we do things with tools rather than the tools themselves), *A User's Guide to the Age of Tech* proceeds to complicate, and influence, discussion of subjects like the digital divide and AI. Drawing on a range of sources, including novels, patents, and newspapers, Wythoff explores the vernacular philosophies that have emerged from users and their diverse, everyday practices, bringing down to earth the conversation about digital titans, away from the abstracted domains of server farms and algorithms. Lodging a passionate argument that we know ourselves better than the data brokers who appear to wield influence over our psyches, Wythoff invites readers (and tech users) to imagine their own digital technique, acknowledge their vast expertise, and see its immense value. Retail e-book files for this title are screen-reader friendly with images accompanied by short alt text and/or extended descriptions.

Eating Culture: An Anthropological Guide to Food, Third Edition

Gillian Crowther

ISBN: 9781487543730	Form: Paperback / softback	Pub date: 2025-05-09
Edition: 3	Price: GBP 33.00	Pages: 384
Publisher: University of Toronto Press	Readership: Tertiary education	Language: Eng
Discipline: Social Science	Category: Sociology	Subject: Food & society, Social & cultural anthropology, ethnography,
Link: https://www.combinedacademic.co.uk/9781487543730/eating-culture/		

Eating Culture chews over the continuities and changes in human food consumption, from hunter-gathering to ultra-processed foods, to digest the ramifications for people's identity-work, health, and long-term cultural distinction. The new edition uses the concept of cuisine to trace humanity's relationship with food, thematically explored through health, sociality, and identity. It evaluates dietary change, decent meals, and food commodification, alongside threats to security and health. Drawing on ethnographic examples, dietary transitions are situated in changing political, economic, and social circumstances, presenting a critical approach necessary to explore our current global food system. Chapters on cooking, recipes, and eating-in and out offer relatable examples, underlining the significance of everyday life and incorporating an ethnographic approach that extends into practical exercises aligned with each chapter's themes, to highlight the relevancy of our own experiences. Vividly illustrated, the book explores dishes from various global cuisines, offering insights into people's culinary traditions and enriching our understanding and appreciation of food as a fundamental aspect of culture in our daily lives. Ultimately, Eating Culture presents a critical examination of how deeply food is entwined with our identity.